

HEALTH EDUCATION COUNCIL &
TRUSD NUTRITION SERVICES PRESENT:

VIRTUAL HARVEST OF THE MONTH 2.0

2020 - 2021

Learn More:

- What is Harvest of the Month 2.0?
- Changes for Distance Learning
- Program Components
- Link to Register

*Funded by USDA SNAP, an equal opportunity
provider and employer. Visit
www.CaChampionsForChange.net for healthy tips.*



What is Harvest of the Month 2.0?

- Harvest of the Month (HOTM) is an initiative of the California Department of the Public Health that provides promotional materials and standards based lesson plans that includes activities emphasizing a specific fruit or vegetable that is in season and highlighted during a particular month of the school-year.

Changes for Distance Learning

- This year, Health Education Council is adapting TRUSD's Harvest of the Month 2.0 program to be delivered 100% virtually.
- All program components and supplementary materials will be available to registered teachers on a HOTM Google Classroom.
- The program will also be expanded and made available for grades K-6.

Program Components

After registering to participate, you will receive the HOTM Google Classroom code. The contents are divided by month so you can easily follow along.

What's Included?

- In-depth HOTM Teacher Training with more information
- One page Teacher Tips Guide with a HOTM 2.0 Overview
- Colorful teacher lesson plans outlining activities
 - This year, video lessons will be made monthly for you to share with your class. There will be separate videos for grades K-3 and grades 4-6.
- Interactive online videos and links
 - This year, healthy recipe videos featuring each month's produce item will be created along with recipe cards for families.
- This year, there will be a PDF of HOTM student workbooks for grades K-6
 - HEC will also create monthly workbook guide videos to assist students if they complete it during asynchronous learning.
- The produce item, recipe card, and HOTM newsletter will be free for every *student* to pick up at their meal distribution on a designated day each month.

[Click Here to Register!](#)



**Any
Questions?**

Contact:
Rebekah Latronica, Program Assistant
rlatronica@healthedcouncil.org